

Family Interview

1. Read over the interview questions. Add two or more questions that you can think of on this topic to the worksheet.
2. Set up a time before your next class for your interview. Let your interviewee know that it will take about 30 minutes. Be sure to ask all the questions, and remember to include the questions you added.
3. Follow your teacher's instructions on how to complete and submit your Family Interview Worksheet and Reflection.



Tips for Interviewing

There are a few points to keep in mind while doing your interview.

- Find a time that's convenient for both of you.
- Use the verbal and non-verbal communication skills that you learned about in class.
- Ask if you can record the interview, since it will help you focus on the questions and answers. Try to take notes when reviewing the recording.
- If you don't record, write down notes while you're interviewing that you can use to remind yourself of what the person said.
- If you want to know more about what the person said, ask a follow-up question. Remember, an important part of this activity is to have fun!

Family Interview Worksheet

Thank you for agreeing to this interview.
I'd like to start by asking you some questions
about when you were my age.

Interviewer:	<input type="text"/>
Name of Interviewee:	<input type="text"/>
Relationship to You:	<input type="text"/>
Date:	<input type="text"/>

1. What did you like to do when you were my age?

2. What did you want to be when you got older?

3. What rules and expectations did your family have?

4. What messages did you get from your parents about alcohol, tobacco, and other drugs when you were growing up?

Now I'd like to ask you some questions about your role as a caregiver.

5. What are your rules and expectations for me about the use of alcohol, tobacco, and other drugs?

6. What are the consequences for me if I don't follow these rules?

7. Why do you think these rules are important?

8. What do you think is the most challenging part of taking care of a young adult?

9. What have you liked about participating in this interview?

Add two questions of your own.

10. Question:

11. Question:

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Reflection for Family Interview

1. Which Effective Communication Skills did you use in the interview? How did they help?

2. I learned that

3. I was surprised that

4. I am puzzled about

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