



Dunk the Funk ▪ Objectives

Grades: 6-8

45 minutes

In-House, Outreach, Distance Education

Upon completion of this program the student will be able to:

1. Define the term hygiene.
2. List at least four steps to practicing good hygiene.
3. State at least two barriers to practicing good hygiene.
4. Explain how brushing teeth two times a day can prevent cavities and future dental problems.
5. State how proper hand washing can prevent the spread of diseases.
6. Identify at least two health benefits to practicing good hygiene habits.
7. Identify at least two social benefits to practicing good hygiene habits.
8. Define menstruation and list at least two female hygiene products.

Standards Alignment

US National Health Education Standards

1, 2, 3, 4, 5, 6, 7, 8

Indiana Academic Standards for Health and Wellness

8: 1.1-1.5, 1.7, 2.4, 2.7, 3.3, 3.5, 4.4, 5.6, 6.2,6.5, 7.3, 7.5, 8.5, 8.6

Indiana Academic Standards for Science Education

8.LS.11

Indiana Social-Emotional Learning Competencies

2C.1, 3C.1, 5A.1, 5A.2, 6B.1, 6B.3