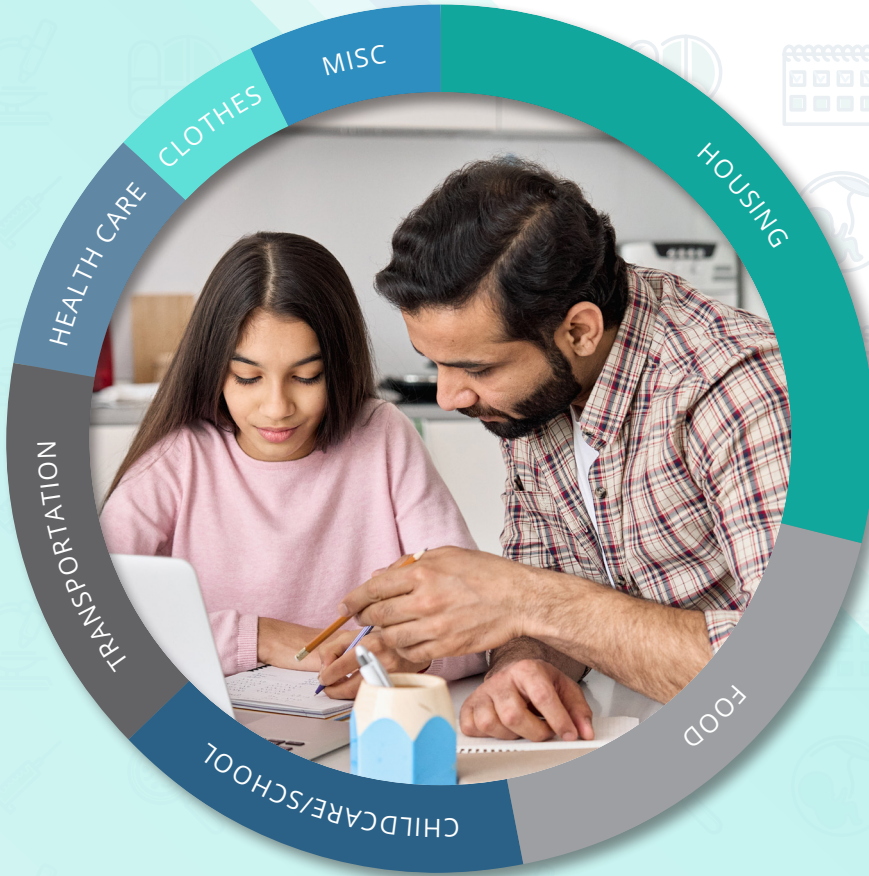


The Cost of Parenting

You are receiving this page because your student is participating in the **Choices Today**, **Options Tomorrow** or **Promoting Health Among Teens** curricula. The goal of these curricula is to provide students with the skills, knowledge, and confidence to make healthy life choices.



| Costs of Parenting Breakdown | | |
|------------------------------|---------------------|-----|
| | Housing | 29% |
| | Food | 18% |
| | Childcare/Schooling | 16% |
| | Transportation | 15% |
| | Health Care | 9% |
| | Clothing | 6% |
| | Miscellaneous | 7% |

Being a parent can be very expensive. Take a look at the areas of spending for parents. Talk with your teen about how you make financial choices in each of these areas.

Children of Teen Parents

- Higher high school dropout rates
- Higher unemployment rates as adults
- Higher foster care placement rates

vs

Children of Non-Teen Parents

- More prepared to start kindergarten
- Greater emotional support and fewer behavioral problems
- Less likely to become a teen parent



Use the QR reader on your phone to watch a video about responsible financial choices.



Practice making financial decisions with the **Spending Game Handout**.