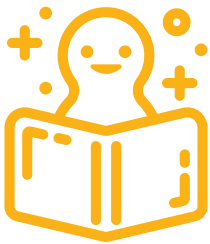


## 2020 Assessment Results - How did we do?

McMillen Health successfully reached 1,323 students through our Choices Today, Options Tomorrow (CTOT) Curriculum and Promoting Health Among Teens (PHAT) Curriculum. CTOT was used with students in grades 9-12 while PHAT was used with students in grades 6-8. Both curricula discuss sexually transmitted infections (STIs), the effects of teen pregnancy, and positive decision making for a better future. McMillen Health served the following Indiana counties through this project: Allen, DeKalb, Grant, LaGrange, Noble, Steuben, and Whitley.

### What Students are Saying



*"I liked the presentation about sexually transmitted diseases the best because it's a topic that is rarely talked about and there were a lot of things I didn't know about them. My favorite activity was the true/false activity where we picked a side because it was a nice way to start the presentation off light and then transition into the session. Three things I kept in mind from the presentation were all the ways STIs can be spread, the cost and difficulty of being a single young parent, and how boundaries can be respected. The presenter really didn't change my attitude about anything. **The presenter did a very good job at teaching the subjects. The sessions were not awkward or uncomfortable, like I anticipated. I was dreading this talk, but it was much, much better than I expected.**"*

– LaGrange County, Westview High School participant of Choices Today, Options Tomorrow

*"I liked the pregnancy presentation the best. What I liked about it was that it had a lot of visuals that I understood. I liked the activity with the cups and if yours turned pink then you got an STD. The reason I liked it is because it showed you the actual way that they can be carried from one person to the next. **I think that our guest speaker gave me all the information that I needed to help me understand what was being talked about.** 1. That teen pregnancy will effect everyone 2. That STDS can be transmitted to everyone in sexual contact 3. Everyone can prevent any sex activity by staying 100% abstinence. It was amazing."*

– Whitley County, Churubusco Junior/Senior High participant of Choices Today, Options Tomorrow

The following survey results and evaluation feedback provide an overview of our outcomes:

**82%**

increased their knowledge on abstinence as the means of preventing teen pregnancy, birth, and STIs.

**63.5%**

increased their knowledge regarding the consequences of teen pregnancy.

**80.5%**

identified at least 4 ways to reject sexual advances and increase knowledge on how alcohol and drug use increase vulnerability to sexual advances.

**84.25%**

increased their knowledge regarding attaining self sufficiency before engaging in sexual activity.

**82.5%**

identified at least two ways to prevent contracting HIV and other STIs that can be transmitted by engaging in sexual activity.