McMillen Health provides preventive health education to youth and adults in northeast Indiana, around the country, and internationally. This year we reached over 50,000 students through face-to-face education and another 400,000 were impacted by our curriculum materials.

We had an exciting 36th year of providing preventive health education! McMillen Health was honored to be chosen as a recipient of WOWO’s Penny Pitch; working the phones during the fundraising drive allowed our staff the chance to talk to many supporters. In February, we announced our new branding and officially changed our name from McMillen Center for Health Education to McMillen Health.

We continue to deliver education in our building and in the regional schools. Our film studio allows us to film educational videos and to provide live education around the world. This year we reached students as far away as Canada and Mexico, with sessions also scheduled in Australia! Developing curriculum to meet health needs continues to be a focus, and we have launched our second curriculum, Choices Today, Options Tomorrow (CTOT). Successful pilot sessions began in summer 2016, which equip youth with practical skills, knowledge, and confidence to stand up for healthy life choices in the areas of sexual activity and related risky behaviors.

In the coming years, we anticipate exciting developments in our programming and a growth in the number of students and families we are able to reach. The success of McMillen Health continues to be cultured by the generous support we receive from our donors, including foundations, individuals, and corporate sponsorships. We look forward to another exciting year!
We offer our health education in a variety of formats: at our facility, through outreach efforts, online, and via distance education. This year we reached just over 50,000 students, ages ranging from preschool to senior years.
Renovation Campaign and Updates

This has been a year for celebrations at McMillen Health! As many of you know, we have rebranded and renamed our facility. With our new identity, we have had the opportunity to refresh our signage, educator materials, website and vehicles. All of these projects were made possible by the valuable members of our community and their generous donations.

Funds raised in our renovation campaign have allowed us to purchase a new van for outreach, build and furnish three new staff offices, replace our HVAC, remodel our public and staff bathrooms, and update our exterior signage. With the remaining funds, you will continue to see our beautiful facility come to life! Future goals include refreshing the teaching theatres and adding interactive exhibits to our Great Hall.

We want McMillen Health to continue to be a great field trip destination and be inviting to future visitors. Thank you for your continuing support!
Vitality Awards
This year’s Vitality Awards luncheon was held at the Parkview Mirro Center on Thursday, May 19, 2016. Attendance was at an all time high of 250 community members! Our event celebrated and recognized the work of our valued community members. The work these individuals do is crucial to keep the momentum of health awareness going.

Next Vitality Awards:
Wednesday, October 11, 2017

2016 Gold Sponsors
PHP
PNC Bank

2016 Silver Sponsors
Anthem Blue Cross Blue Shield
Haines, Isenbarger & Skiba, LLC
Parkview Physicians Group, Cardiology

2016 Dining Sponsors
Faegre Baker Daniels

2016 Award Recipients

Education
Michelle DeArmond, RN

Wellness
Rene DePew, MSN, FNP-BC

Prevention
Tammy McGinnis

Student Ambassador
Caleb Hathaway

Janus Award
Larry Weigand, Weigand Construction
The Janus Award is presented each year to an individual who has demonstrated the attributes of visionary thinking, tireless involvement, and community contribution to health and wellness.
2015 - 2016 Brush Outreach

Our Brush preschool oral health program was developed at the urging of the dentists of the Isaac Knapp District Dental Society who saw a need to combat dental decay in young children. This year we served over 120,000 Head Start children nationwide and also provided Brush educational materials to the nearly 200,000 women and children served by Indiana WIC.

Partnerships

Through our partnership with the Delta Dental Foundation, the Brush program was able to pilot an oral health intervention in Detroit WIC, expand to numerous Head Start locations, and provide the live assembly “I Need My Teeth” to over 4,000 elementary school students in Indiana and Michigan. A special highlight was providing the assembly to children in Flint, Michigan, who had been impacted by the water emergency.
“Happy Teeth” for Brush
“Happy Teeth” is a board book designed by McMillen Health to teach parents of infants and toddlers about the importance of primary (baby) teeth and how to care for them. Each page is based on current oral health research or American Association of Pediatric Dentistry (AAPD) recommendations. Easy-to-use QR codes in “Happy Teeth” link parents to short, low-literacy videos which show them how to wipe their baby’s gums and properly brush teeth. “Happy Teeth” is McMillen Health’s third published book.

In 2015-2016, we sold 10,000 copies. Since the first of July, we have already taken orders for 25,000 additional books!
For 35 years, McMillen Health has been teaching youth about reproductive health and giving them accurate information about how their bodies work. With funding from the Indiana State Department of Health, we have been able to develop an expanded pregnancy prevention curriculum, Choices Today, Options Tomorrow, and offer this education at no cost to our Indiana schools.


**Curriculum Feedback - What are people saying?**
Choices Today, Options Tomorrow is a curriculum designed to equip 6th-9th grade students with practical skills, knowledge and confidence to stand up for healthy life choices in the areas of sexual activity and related risky behaviors. The curriculum was developed with the needs of our more conservative schools in mind, and gives school districts the opportunity to reduce the risk of teen pregnancy while holding to the values of their school district.

**Student feedback:**
- “Our lady was awesome! She was a great speaker and didn’t feel like she was preaching.”
- “I learned a lot more about HIV and AIDS. Before I didn’t know anything about that.”
- “I think that the Choices Today Options Tomorrow presentations are good to teach kids because then they can realize to keep goals and set boundaries.”

**Teacher feedback:**
- “Before seeing the pre and post results I still would have guessed the overall student results would have increased based on the excellent curriculum and presenter teaching the material. Now seeing the actual data, and seeing that the accuracy improvement was approximately 25% across the board, and in one question over a 40% accuracy increase, it is a no-brainer must have for our school and any other school interested in increasing their knowledge in choices today, options tomorrow.”
  - Shane Conwell, Eastside High School, Butler, IN
WOWO’s Penny Pitch
Penny Pitch is a local non-profit organization, in connection with WOWO Radio that raises money for deserving community and program oriented charities in the region. We were honored to be selected as a recipient of this year’s Penny Pitch fundraiser.

Funds received from Penny Pitch are being used to underwrite bullying education programs. Donations reached an astonishing $70,570, which allows more students to receive bullying education than ever before! WOWO’s Ryan Wrecker attended our 35th Anniversary Open House to announce the total gift amount.

35th Anniversary Open House
On February 2nd, 2016, we celebrated McMillen Health’s 35th year of serving our community by hosting an open house. Supporters of McMillen Health, including founding members, board, and families attended.

Event activities included a press conference, short educator presentations, tours, and of course, cake! It was a great afternoon to share with friends of McMillen Health.
2015-2016 Income & Expenses

**Income**
- Admissions $130,318
- Brush Curriculum $215,574
- Capital $337,367
- Grants & Donations $215,918
- In-Kind $6,499
- Investment Income $34,054

**Expenses**
- Program Services & Health Education $571,026
- Management & General Expenses $189,383
- Development Expenses $93,487

**Did you know?**
- Actual cost per student: $18.21
- What schools pay: $5.00
## Donors

**Platinum $20,000 & Above**
- AWS Foundation
- Community Foundation of Greater Fort Wayne
- Delta Dental Foundation
- The Dekko Foundation
- English, Bonter, Mitchell Foundation
- William J. and Bonnie Hefner Foundation
- McMillen Foundation
- Olive B. Cole Foundation
- Schneider Foundation
- Edward M. Wilson Foundation
- WOWO's Penny Pitch
- Zollner Foundation

**Diamond $10,000-$19,999**
- Auer Foundation
- Anonymous
- Journal Gazette Foundation
- Harold and Rachel McMillen Trust

**Gold $5,000-$9,999**
- Edward M. Wilson Foundation
- Lagrange County Community Foundation

**Silver $1,000-$4,999**
- American Electric Power
- Anthem Blue Cross Blue Shield
- Howard P. Arnold Foundation
- Arthur E. and Josephine C Beyer Foundation
- Council on Senior Services
- DeKalb County Community Foundation
- Deister Machine Company, Inc.
- Drug and Alcohol Consortium of Allen County
- Drug Free Adams County
- Drug Free Lagrange County
- Drug Free Steuben County
- Durant Foundation
- First Lady’s Charitable Foundation
- Foundation for Dental Health Education
- Heartland REMC
- William J. and Bonnie Hefner Foundation
- Henry County REMC
- Isaac Knapp District Dental Society
- Kosciusko REMC
- Lassus Brothers Oil, Inc. Foundation
- Dr. Jerry Mackel
- Patricia Parker
- Parkview Physicians Group-Cardiology
- Physicians Health Plan of Northern Indiana
- PNC Financial Services Group
- Prophet Sisters Foundation
- Dr. Holli Seabury
- United Way of DeKalb County

**Copper $100-$499**
- Sean Brennan
- Ned and Sally Edington
- Epco Products
- Tom and Marie Felger
- Elizabeth Hartman
- Dan and Joyce Herstad
- Linda Immscher
- James and Janice Koday
- Oris Logan
- Dr. Deborah McMahon
- William Niezer
- Dr. Jeff Nowak
- Lynn Reecer
- Robin Ritchie
- Marcia and Lawrence Sauer
- Dr. Dan Schmidt
- Twila Smith
- Rachel Steinhofer
- Debra Voors
- David Ward

**Bronze $500-$999**
- Barrett McNagny
- Do It Best
- Current Mechanical
- Fagerbakki Daniels LLP
- Haines, Isenbarger & Skiba, LLC
- Jacqueline Henry
- Indiana Youth Institute
- MKM Architecture
- Sweetwater Sound

**Under $100**
- Eileen Claypool
- Ashley Bass
- Suzanne Beard
- Carmen Bergman
- Alice Burke
- Mary Butz
- Nicole Christlieb
- Dick Conklin
- Hollissa Estep

**Renovation Campaign**
- American Electric Power
- Howard P. Arnold Foundation
- Tom Cottrell
- The Dekko Foundation
- Durant Foundation
- English-Bonter-Mitchell Foundation
- Elizabeth Hartman
- William J. and Bonnie Hefner Foundation
- Journal Gazette Foundation
- Vicki Johnson
- Lynne Gilmore
- Grant Goeglein
- Zachary Kutz
- Aaron Lybarger
- M.E. Raker Foundation
- McMillen Foundation
- Mac and Patricia Parker
- Reidenbach Nutrition
- Robin Ritchie
- Steel Dynamics
- Sweetwater Foundation
- Kathryn Schreiber
- Rachel Steinhofer
- Holli Seabury
- Twila Smith
- Rachel Steinhofer
- Sweetwater Sound
- Edward M. Wilson Foundation
- Melissa Wolf
- Zollner Foundation

**In-Kind Donations**
- Biaggi’s
- Ferguson Advertising
- Kroger
- Lincoln Printing Corporation
- Science Central
- Star Financial
- Weigand Construction
The mission of McMillen Health is to provide vital, effective preventive health education that promotes physical, emotional, and social well-being.

www.mcmillenhealth.org